



How To Use PREPARE Tools for Providers & Organizations

Part 1: PREPARE Mission & Tools

Part 2: How To Access the Tools

Part 3: How To Partner



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Part 1: PREPARE Mission & Tools

What Is Advance Care Planning (ACP)?

Advance care planning is sometimes also called medical planning. The goal is to prepare people and their family and friends for medical decision making. The process allows people to name a trusted medical decision maker in case of an emergency, talk to their medical decision maker(s) about their medical wishes, and write down their wishes in an advance directive form.

What Is PREPARE?

PREPARE is an online resource that helps people begin the important process of planning for medical decision-making. Using video stories, PREPARE helps people explore their personal wishes and learn how to discuss them with family, friends, and medical providers.

What Makes PREPARE Unique?

PREPARE is based on over two decades of research by [Dr. Rebecca Sudore](#) at the University of California, San Francisco. Rather than just focusing on checkbox end-of-life preferences, the program helps people identify what matters most for their quality of life and tell others about their medical wishes. Its tools include multilingual, easy-to-read advance directives for US states and Washington, D.C., which document invaluable information for honoring people's wishes.

What Is the Mission of the PREPARE Program?

The PREPARE program's mission is to educate and empower as many individuals as possible with ACP tools and reduce health disparities in ACP. We envision a future where all people and caregivers can access and engage in high-quality ACP, have a voice in their healthcare, make informed medical decisions, and obtain the medical care that is right for them.

What [PREPARE Tools](#) Are Available?

[PREPARE for YOUR Care](#): Interactive, online, step-by-step program that guides users through five essential steps for their own high-quality ACP.

[PREPARE for THEIR Care](#): Online, step-by-step caregiver program that helps caregivers start conversations with their family and friends and supports caregivers in making medical decisions for others.

[Easy-To-Read Advance Directives](#): State-specific, legally compliant, easy-to-read advance directives in multiple languages. PREPARE for YOUR Care can guide users through completing a form.

[Getting Started With PREPARE](#): In addition to this document, the following tools introduce PREPARE and how you can use the program.

- **PREPARE Informational Slide Set:** Slide set describing the need for advance care planning, the PREPARE program, the evidence base behind it, and how it can be used in your organization.
- **PREPARE for YOUR Care Engagement Guide:** A guide for implementing PREPARE for YOUR Care in communities and healthcare organizations interested in advance care planning.

[Patient and Caregiver Handouts:](#) In addition to the easy-to-read advance directives, the following handouts can be given to patients and caregivers.

- **PREPARE for YOUR Care Program Guide Pamphlet:** A pamphlet briefly summarizing the PREPARE for YOUR Care 5 Steps.
- **PREPARE for YOUR Care Quick Start Guide:** Instructions to help users get into and start using the online PREPARE for Your Care program.
- **PREPARE for THEIR Care Program Guide Pamphlets:** Pamphlets to support caregivers, one on “How To Help Other People with Their Medical Planning” and one on “How To Make Medical Decisions for Other People.”

[Communication Guides for Providers and Organizations:](#) These guides help anyone start an advance care planning conversation, including medical providers, health navigators, and staff at community organizations.

- **Simple Advance Care Planning Scripts for Everyone:** Brief scripts to start advance care planning conversations.
- **Advance Care Planning Toolkit:** In-depth instructions and scripts to start an advance care planning conversation and discuss PREPARE tools.

[Group Medical Visits or Movie Events for Patients:](#) These materials help with group medical visits and PREPARE for YOUR Care group movie events.

- **PREPARE for YOUR Care Toolkit for Group Movie Events:** Toolkit for anyone to organize a group medical visit or group movie event at a medical center, library, senior center, place of worship, or other community settings. You do not need experience with advance care planning, because ALL the information is provided in the PREPARE for YOUR Care movies.
- **PREPARE for YOUR Care Movies:** Each of the 5 PREPARE for YOUR Care Steps can be watched in a full movie format. They can be used in group medical visits or group movie events.
- **PREPARE for YOUR Care Movie Event Question Guide:** This Question Guide helps people follow along with the questions about their medical wishes in the PREPARE for YOUR Care Step movies. This is not an advance directive.

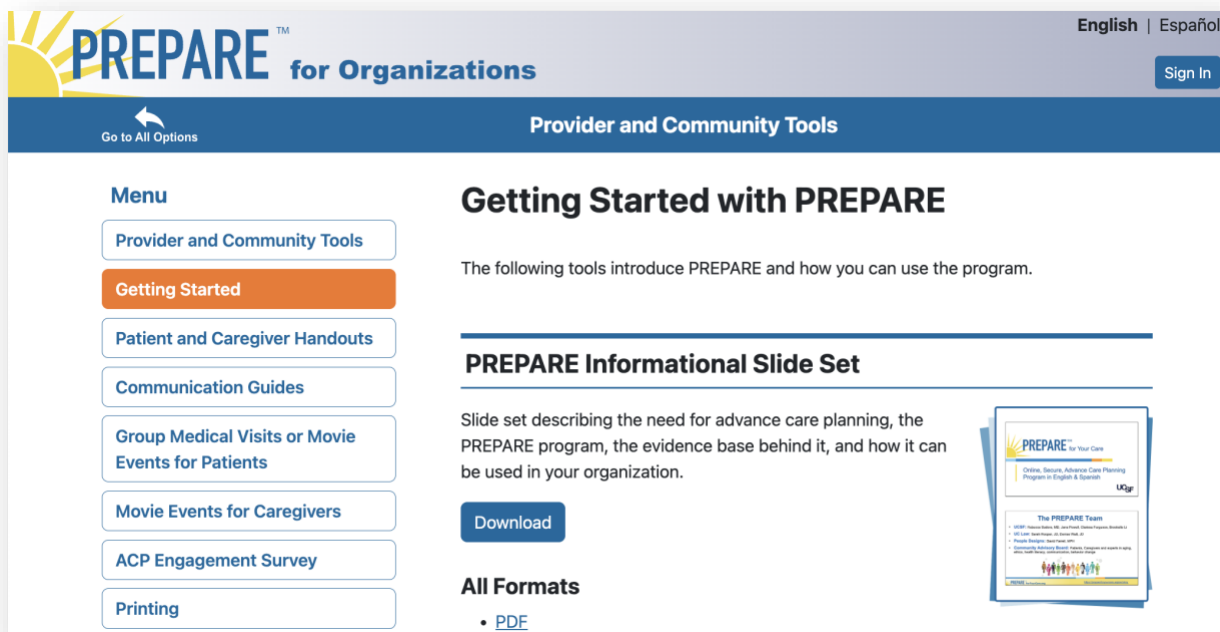
[PREPARE for THEIR Care Toolkit for Group Movie Events:](#) Toolkit to organize a group movie event for caregivers at a medical center, library, senior center, place of worship, or other community settings. You do not need experience with advance care planning, because ALL the information for caregivers is provided in the PREPARE for THEIR Care Movies.

[Advance Care Planning Engagement Survey:](#) A validated, easy-to-use survey that measures behavior change in response to advance care planning interventions. The survey is available in a patient-facing and surrogate-facing version. Each version is available in multiple languages.

Part 2: How To Access the Tools

Where Can I Find the PREPARE Tools?

The tools can be found on the PREPAREforYourCare.org website. We also created a webpage for providers and organizations so they can all be found in [one place](#).



Part 3: How To Partner

What Are Ways To Partner With PREPARE?

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- **Standard PREPARE License:** Co-brand and integrate a subset of our advance care planning materials into your workflow and technology platforms.
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- **Research and Quality Improvement Licenses:** Use printed materials and the “PREPAREforYourCare.org” URL in research or quality improvement projects.

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Can I List PREPARE as a Resource?

Yes! As shared above, please list the main "PREPAREforYourCare.org" URL. Information about the advance directives and other materials is on the homepage.

PLEASE use this easy-to-read description of the PREPARE program for patients/clients:
PREPARE for YOUR Care is a step-by-step program with video stories to help you:

- *Have a voice in YOUR medical care*
- *Talk with your medical providers, family, and friends*
- *Fill out an advance directive form to put your wishes in writing.*

Check out PREPARE here: www.prepareforyourcare.org.

PLEASE use this description of the PREPARE program for other purposes:

PREPARE for YOUR Care (PREPARE) is an evidence-based online resource that helps people begin the important process of planning for medical decision-making. Using video stories, PREPARE helps people explore their personal wishes and learn how to discuss them with family, friends, and medical providers. Its website offers multilingual, easy-to-read advance directives for US states and Washington, D.C., as well as a program to support caregivers. In addition, it provides simple conversation guides, pamphlets, and Toolkits to initiate advance care planning discussions and to conduct group medical visits or community events. Check out PREPARE here: www.prepareforyourcare.org.

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