

Welcome to PREPARE! Learn helpful information in as little as 10 minutes

PREPARE is a step-by-step program with video stories to help you:

- Have a voice in YOUR medical care
- Talk with your medical providers, family, and friends
- Fill out an advance directive form to put your wishes in writing

Type this address into your internet browser: prepareforyourcare.org

This will bring you to the PREPARE homepage



You can click on this sign in button to login

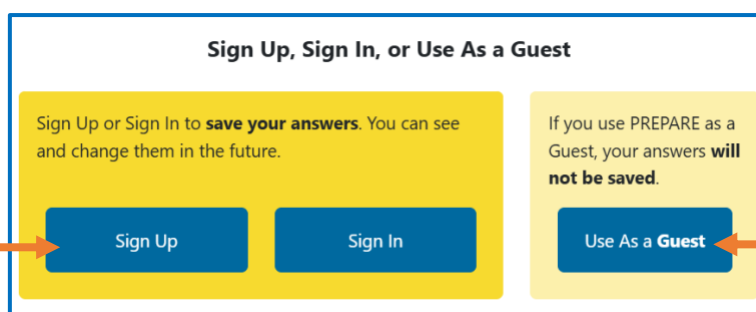
Click 'Learn More' under the PREPARE For You Care Box



You can click on this 1-minute video to learn more about

You will then come to this login page

To save your information, click on 'Sign Up' or, 'Use As a Guest'



PREPARE Has 5 Steps

- You do not need to do all of the Steps at once
- You can choose which Steps are right for you
- You can always come back to do more Steps later



This is the first Welcome page

You can also use the menu to skip only to the Topics you want to see

Menu

Welcome To Step 1

Why Choose a Medical Decision Maker

If You Are Not Ready to Choose

Who To Choose

Name Your Medical Decision Maker

How To Ask Someone

How To Make This Easier

Your Step 1 Summary

Important Next Steps

Welcome To Step 1: Choose a Medical Decision Maker

Step 1 will take about 10 minutes

Click the video to learn more about Step 1.



Time: 0:21



[Show Transcript](#)

i Click a menu item or click **NEXT** below.

Next: Why Choose a Medical Decision Maker

Next

Let PREPARE guide you step-by-step
Just click the **NEXT** buttons to move through the 5 Steps